

How some top high school football coaches are adjusting to life under coronavirus guidelines

Gridiron leaders discuss methods of communicating, virtual work and dealing with COVID-19 restrictions.

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How has this affected your program? How do you communicate with your players and how do you think it affects their recruiting?

Rich Hansen, St. Peter's Prep (Jersey City, N.J.)

"The impact is obviously profound. Initially we had satellite gyms set up and ready to take on players after school went out. But then the gyms were shut down. Our players have workout apps on their phone. Some have equipment at home, some don't. We have 15-20 minute outdoor work for them to do if possible.

We communicate every day with our players through a program called 'Remind.' We do it all year but it is a great daily touch base form of mass communication. Basically just keeping everyone positive, reminding them of health, nutrition, academic, film and hygiene tips and staying connected. It is important for us all to stay connected, hearing the same message as always just delivered in a different way.

Recruiting has changed for sure. I have been in contact with coaches and have done phone follow ups. It is a challenge for everyone. Right now their health is paramount. We will catch up with all the other stuff."